



Vegetarian Meatloaf

1 can (20 ounce) Vegetarian Burger

1/2 cup Oleo (1 stick)

1/2 green pepper, chopped

1 onion, chopped

1/2 teaspoon garlic salt

1/4 teaspoon poultry seasoning or sage

4 slices whole wheat bread, torn into small pieces

4 eggs, beaten (or egg substitute)

2 cups (8 ounces) grated cheese or vegetarian cheese substitute

Catsup

Brown sugar

Directions:

Sauté green pepper and onion in Oleo. Add bread and mix in remaining ingredients. In bottom of a loaf pan put a thin layer of catsup and brown sugar, mixed (Do not put on top) Add meatloaf mixture on top of catsup.

Bake 1 hour at 350 degrees. Very easy and delicious recipe.

Submitted by Patricia M. of South Carolina