

# Complete Food Regular Price List October 2021

## Canned Food Items

LOMA LINDA CANNED	Single	Case
Big Franks Reg/LF 20 oz 12/case V	8.49	90.99
Big Franks 96 oz 6/case V	29.49	154.29
Chili 20 oz 12/case	5.99	65.99
Chili 50 oz 12/case	14.49	154.29
Choplets 20 oz 12/case	9.29	98.99
Diced Chik 13 oz 12/case	7.29	78.79
FriChik Reg/LF 13 oz 12/case	7.29	78.79
FriChik 42 oz 12/case	17.99	192.99
Fried Chik'n 13 oz 12/case	7.29	78.79
Linketts 20 oz 12/case V	8.49	90.99
Linketts 96 oz 6/case V	29.49	154.29
Little Links 19 oz 12/case V	8.49	90.99
Prime Stakes 13 oz 12/case	7.29	78.79
Prime Stakes 47 oz 12/case	17.99	192.99
Nutolene 15 oz 6/case V/NG	6.29	34.79
Nutmeat 15 oz 6/case V/NG	6.29	34.79
Redi-Burger 19 oz 12/case V	8.49	90.99
Saucettes 19 oz 12/case	8.49	90.99
Super Links 19 oz 12/case	8.49	90.99
Super Links 96 oz 6/case	29.49	154.29
Swiss Stake 13 oz 12/case	7.29	78.79
Swiss Stake 47 oz 12/case	17.99	192.99
Tender Bits 19 oz 12/case V	9.29	98.99
Tender Rounds 19 oz 12/case	8.49	90.99
Tuno Lemon Pepper 5 oz 12/case	1.79	20.19
Tuno in Spring Water 5 oz 12/case	1.79	20.19
Tuno Sriracha 5 oz 12/case	1.79	20.19
Tuno in Spring Water 12 oz 12/case	3.59	40.39
Vege-Burger 19 oz 12/case V	8.49	90.99
Vegetable Skallops 20 oz 12/case V	8.49	90.99
Vegetable Skallops 50 oz 12/case V	17.99	192.99
Vegetable Steaks 20 oz 12/case V	8.49	90.99
Vegetarian Burger 20 oz 12/case V	8.49	90.99
Vegetarian Burger 50 oz 12/case	17.99	192.99
Veja-Links Reg/LF 19 oz 12/case	8.49	90.99

LOMA BLUE CANNED	Single	Case
Five Bean Chili 15 oz 12/case V/NG	5.09	55.49
Simple Franks 20 oz 12/case V	8.49	90.99

LOMA BLUE MEAL POUCHES 6/case	Single	Case
Greek Bowl 10 oz NG	3.99	21.99
Hawaiian Bowl 10 oz NG	3.99	21.99
Mediteraanean Tomato & Olive 10 oz NG	3.99	21.99
Pad Thai 10 oz NG	3.99	21.99
Sloppy Joe 10 oz NG	3.99	21.99
Southwest Chunky Stew 10 oz NG	3.99	21.99
Thai Green Curry 10 oz NG	3.99	21.99
Thai Red Curry 10 oz NG	3.99	21.99
Tikka Masala 10 oz NG	3.99	21.99
Ultimate Vegetarian Chili 10 oz NG	3.99	21.99

COMPANION	Single	Case
Cha'i Pow Yu - Braised Gluten	10 oz	2.79 60.99
Curry Cha'i Pow Yu	10 oz	2.79 60.99
Mock Chicken - Braised Bean Curd	10 oz	2.79 63.09
Mun Cha'i Ya - Duck Braised Gluten	10 oz	2.79 60.99

OTHER CANNED 12/CASE	Single	Case
Chilli Man w/Beans	15 oz	2.39 25.29
Green Ripe Olives	6 oz	3.29 37.05

EDEN 12/CASE	Single	Case
Brown Rice and Lentils	15 oz	2.69 32.89
Brown Rice and Pinto Beans	15 oz	2.59 28.99
Caribbean Rice and Black Beans	15 oz	2.59 29.29
Mexican Rice and Beans	15 oz	2.69 29.89
Aduki Beans	15 oz	2.69 30.69
Black Beans	29 oz	4.09 45.59
Cannellini Beans	29 oz	4.59 51.19
Garbanzo Beans	29 oz	4.09 45.99
Great Northern Beans	29 oz	3.99 44.99
Kidney Beans	29 oz	4.29 48.59
Navy Beans	29 oz	4.19 46.99
Pinto Beans	29 oz	3.89 43.19

MIRACLE NOODLE-Shirataki Noodles	Single	Case
Angel Hair Noodles	7 oz	2.69
Fettuccini Noodles	7 oz	2.69
Garlic Herb Fettuccine	7 oz	2.69
Rice	7 oz	2.69
Spinach Noodles	7 oz	2.69
Ziti Style	7 oz	2.69

V - Vegan  
GF - Gluten Free  
NG -Non-GMO

ALL PRICES AND AVAILABILITY SUBJECT TO CHANGE

## Frozen Food Items

WORTHINGTON FROZEN	Single	Case
Chicken Roll 4 lb 4/case	37.29	124.99
Corned Beef Roll 4 lb 4/case	37.29	124.99
Salami Roll 4 lb 4/case	37.29	124.99
Turkey Roll 4 lb 4/case	37.29	124.99
Wham Roll 4 lb 4/case	37.29	124.99
Chic-ketts Roll 4 lb 4/case	37.29	124.99
Chic-ketts Roll 16 oz 12/case	8.99	97.69
Dinner Roast 32 oz 6/case	17.99	94.99
Fripat Burger 9 oz 8/case	5.29	39.99
Fripat Burger Family Pack 12 ct 4/case	13.99	51.99
Leanies 8.5 oz 8/case	5.29	39.99
Meatless Tuna Roll 12 oz 12/case	6.29	70.39
Prosage Roll 16 oz 12/case	8.99	97.69
Sausage Links 8 oz 8/case	5.29	39.99
Sausage Patties 8 oz 8/case	5.29	39.99
Steaklet 10 oz 8/case	5.29	39.99
X Burger 8 oz 6/case	6.79	36.19
X Burger Family Pack 10 ct 4/case	32.79	121.19
XL Sausage Patties 7.5 oz 8/case	6.89	50.99
Deli Slices 8 oz 8/case	5.39	40.29

Chicken, Corned Beef, Ham (Wham), Roast Turkey, Salami, Turkey,  
Vegan Smoked Turkey,

RUTH'S FROZEN	Single	Case
Pepper & Cheese Patties.. 16 oz 5/case	11.99	53.56
Sunflower Patties 10 oz 8/case	6.19	46.23
Sweet & Tangy Meatballs 8 oz 8/case	5.49	46.39

MORNINGSTAR FARMS FROZEN	Single	Case
Bacon Strips 12/cs	5 1/4 oz	5.29 59.29
Bacon Strips - Inst Case	320 ct	75.79
Breakfast Sausage Links- Inst Case	168 ct	79.99
Breakfast Sausage Patties - Inst Case	112 ct	74.49
BBQ Chik'n Nuggets	6/cs 10 oz	5.29 29.49
Chik Patties	8/cs 10 oz	5.29 39.25
Chik Patties - Inst	4/cs 15 ct	20.09 72.69
Chik Patties Value Pack	4/cs 20 oz	8.99 33.89
Chik'n Nuggets	6/cs 10 oz	5.29 29.49
Chik'n Strips	6/cs 10 oz	5.29 29.49
Corn Dogs	8/cs 10 oz	5.29 39.29
Grillers Crumbles	6/cs 12 oz	5.29 29.99
Grillers Crumbles Value Pack	5/cs 19 oz	6.19 29.99
Grillers - Inst	4/cs 12 ct	13.59 49.99
Grillers Original	8/cs 9 oz	5.29 39.29
Grillers Value Pack	5/cs 8 ct	8.99 42.39
Incogmeato Burgers	4/cs 2 ct	7.99 44.99
Italian Sausage Crumbles	6/cs 10 oz	5.29 29.49
Pepperoni Pizza Bites	6/cs 9.5 oz	5.29 29.49
Popcorn Chik'n	6/cs 10 oz	5.29 29.49
Sausage Links	12/cs 8 oz	5.29 58.89
Sausage Patties - Original	6/cs 8 oz	5.29 29.49
Sausage Patties Value Pack	5/cs 12 ct	8.99 42.39
Sausage Pizza Bites	6/cs 9.5 oz	5.29 29.49
Sweet Mustard Chik'n Nuggets	6/cs 9.5 oz	5.29 29.49
Vegan Cheezburger	6/cs 2 ct	5.29 29.49
Zesty Ranch Chik'n Nuggets	6/cs 9.5 oz	5.29 29.49

GARDEIN FROZEN	Single	Case
7 Grain Crispy Tenders	9 oz	5.49
Beefless Burger	8 oz	5.49
Beefless Ground GF	13.8 oz	5.49
Beefless Tips	9.0 oz	5.49
Black Bean Burger	12 oz	5.49
Breakfast Sausage	8 oz	5.49
Chick'n Scallopini	10.3 oz	5.49
Chick'n Slider	9 oz	4.69
Crispy Chick'n Patty	12 oz	5.49
Crispy Fingers Chipotle Lime	9 oz	5.49
Fishless Filets	10 oz	5.49
Holiday Roast	40 oz	18.99
Mandarin Orange Crispy Chick'n	10.5 oz	5.49
Meatless Meatballs	12.7 oz	5.49
Porkless Pockets	10.5 oz	5.49
Savory Stuffed Turkey	16 oz	9.99
Seven Grain Crispy Chick'n Tenders	10.6 oz	5.49
Szechaun Beefless Strips	10.6 oz	5.49
Sweet & Sour Porkless Bites	10.5 oz	5.49
Teriyaki Chik'n Strips	10.5 oz	5.49
Turk'y Cutlets	12.3 oz	5.49

VEGETARIAN PLUS VEGAN FROZEN	Single	Case
Black Pepper Steaks	V 10.5 oz	6.19
Chicken Drumsticks Pouch	V 7.4 oz	6.19
Chicken Tikka Masala Pouch	V 10.5 oz	6.19
Citrus Sparerib Cutlet	V 10.5 oz	6.19
Ginger Chicken Pouch	V 10.5 oz	6.19
Kung Pao Chicken	V 10.5 oz	6.19
Orange Chicken	V 10.5 oz	6.19
Vegan Turkey Roll	V 1.8 lb	22.99
Vegan Ham Roll	V 2.8 lb	24.49
Vegan Whole Turkey-(Seasonal)	V 6 lb	45.99

## Seasonings and Mixes

### SPICES 247 (formerly Vegetarian Express)

___ All Purpose Veggie Seasoning..... V..... 5 oz..... 7.79
___ Beef-Like Seasoning..... V..... 13.1 oz..... 7.49
___ Creamy White Gravy Mix..... V..... 9.5 oz..... 6.19
___ Golden Broth Seasoning..... V..... 13 oz..... 5.99
___ Greek Isle Seasoning..... V..... 5 oz..... 5.69
___ Greek Isle Seasoning Lg..... V..... 12 oz..... 9.59
___ Lemony Dill Zest..... V..... 5 oz..... 6.19
___ Parma Zaan Sprinkles..... V..... 6 oz..... 7.79
___ Parma Zaan Sprinkles..... V..... 16 oz..... 11.99
___ Pepper-Like Seasoning..... V..... 4 oz..... 5.99
___ Rich Brown Gravy Mix..... V..... 9.7 oz..... 7.29
___ Roasted Garlic Red Bell Pepper Zip..... V..... 5 oz..... 4.69
___ Roasted Garlic Red Bell Pepper Zip..... V..... 24 oz..... 18.99
___ Saucy Ranch Seasoning..... V..... 3.6 oz..... 4.69
___ Saucy Ranch Seasoning Lg..... V..... 14 oz..... 14.89
___ Veggie Chick Seasoning..... V..... 6 oz..... 6.19
___ Veggie Chick Seasoning Lg..... V..... 35 oz..... 17.99

### OTHER

___ Bakon Hickory Seasoning..... V..... 4¾ oz..... 9.99
___ Bill's Best Beef Seasoning..... V..... 9 oz..... 9.59
___ Bill's Best Chik'Nish Seasoning..... V..... 11 oz..... 9.89
___ Bragg Apple Cider Vinegar..... V..... 16 oz..... 4.59
___ Bragg Apple Cider Vinegar..... V..... 32 oz..... 7.19
___ Bragg Liquid Aminos..... V..... 16 oz..... 5.89
___ Bragg Liquid Aminos..... V..... 32 oz..... 10.49
___ Bragg Nutritional Yeast..... V..... 4.5oz..... 6.79
___ GW Brown Seasoning..... V..... 1.1oz..... 2.29
___ GW Golden Seasoning..... V..... 1 oz..... 2.29
___ Mayacamas Brown Gravy..... V..... 0.65oz..... 1.99
___ Mayacamas Chicken Gravy..... V..... 0.65oz..... 1.99
___ Mayacamas Country Gravy..... V..... 0.65oz..... 1.99
___ Mayacamas Savory Herb Gravy... V..... 0.65oz..... 1.99
___ Mayacamas Turkey Gravy..... V..... 0.65oz..... 1.99
___ McKay's Beef No MSG..... 12 oz..... 8.99
___ McKay's Beef Vegan (No MSG)..... V..... 12 oz..... 9.89
___ McKay's Chicken No MSG..... 12 oz..... 8.49
___ McKay's Chicken Vegan (No MSG)..... V..... 12 oz..... 9.29

### NEAT (NON-GMO)

___ Egg Substitute Mix V/GF..... 5 oz..... 4.89
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## Snack Food Items

### DRIED FRUIT

___ Mango Slices Unsulphured..... 8 oz..... 4.59
___ Mango Slices Unsulphured..... 16 oz..... 9.89
___ Papaya Spears Unsulphured..... 8 oz..... 4.19
___ Pineapple Slices Unsulphured..... 8 oz..... 4.39

### DANDIES

___ Dandies Marshmallows..... V..... 10 oz..... 4.89
___ Dandies Mini Marshmallows..... V..... 10 oz..... 4.89

### SAM'S JERKY

___ Harvest Jerky #19 Original Recipe V..... 4 oz..... 5.49
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### LOUISVILLE JERKY

___ Carolina BBQ..... V..... 3 oz..... 5.99
___ Maple Bacon..... V..... 3 oz..... 5.99
___ Smoked Black Pepper..... V..... 3 oz..... 5.99

### MYRTLE GREENS JERKY

___ Black Pepper..... V..... 4 oz..... 6.49
___ Five Spice..... V..... 3 oz..... 6.49
___ Spicy Sriracha..... V..... 3 oz..... 6.49
___ Sweet Teriyaki..... V..... 3 oz..... 6.49

### SOYSTEAK JERKY

___ Curry Chicken..... V..... 6 oz..... 5.49
___ Grilled..... V..... 6 oz..... 5.49
___ Hot..... V..... 6 oz..... 5.49
___ Light with Tomato..... V..... 6 oz..... 5.49
___ Peppered..... V..... 6 oz..... 5.49
___ Spicy Chicken..... V..... 6 oz..... 5.49
___ Teriyaki..... V..... 6 oz..... 5.49

### BEANFIELD'S BEAN CHIPS

___ Black Bean with Sea Salt..... V..... 5.5 oz..... 3.69
___ Cheddar Sour Cream..... V..... 5.5 oz..... 3.69
___ Himalayan Pink Salt..... V..... 5.5 oz..... 3.69
___ Himalayan Salt and Vinegar..... V..... 5.5 oz..... 3.69
___ Jalapeno Lime..... V..... 5.5 oz..... 3.69
___ Jalapeno Nacho..... V..... 5.5 oz..... 3.69
___ Nacho..... V..... 5.5 oz..... 3.69
___ Pico De Gallo..... V..... 5.5 oz..... 3.69
___ Spicy Queso..... V..... 5.5 oz..... 3.69

## Other Food Items

TVP	V/GF	Size	Single	SKU
___ Beef Flavored Chunks.....		1 lb	6.19	17540
___ Beef Flavored Chunks.....		2 lb	11.59	30655
___ Imitation Bacon Bits.....		1 lb	6.29	17557
___ Imitation Beef Flavored Bits.....		1 lb	5.99	29342
___ Imitation Beef Flavored Chunks.....		1 lb	5.99	17541
___ Imitation Beef Flavored Minced.....		1 lb	5.99	17542
___ Imitation Chicken Flavored Chunks.....		1 lb	5.99	29338
___ Imitation Chicken Flavored Strips.....		8 oz	4.79	29343
___ Imitation Ham Flavored Bits.....		1 lb	6.59	17544
___ Imitation Taco Flavored Bits.....		1 lb	5.79	17549
___ Imitation Lamb UnFlavored.....		1 lb	4.65	17551
___ Imitation Pepperoni Flavored Chiplets.....		1 lb	6.29	35860
___ Imitation Sausage Flavored Bits.....		1 lb	6.99	15089
___ Savory Stew Mix.....		4 oz	4.49	35408
___ Soy Curls.....		8 oz	5.99	14205
___ Soy Strips.....		1 lb	5.29	17548
___ Soyabeaf Chunks Unflavored.....		1 lb	5.29	17545
___ Soyabeaf Natural Chunks.....		1 lb	5.29	17547
___ Soya Beaf Natural Minced.....		1 lb	5.29	17546
___ Unflavored Chicken Chunks.....		1 lb	5.29	29340
___ Unflavored Chicken Chunks Large.....		2 lb	9.99	29341

### OTHER

	V/GF	Size	Single	Case
___ Almond Supreme Raw Whole.....		8 oz	6.35	
___ Almond Supreme Raw Whole.....		16 oz	13.99	
___ Carob Chips Sweetened.....		16 oz	8.49	
___ Carob Chips Unsweetened.....		16 oz	8.49	
___ Carob Powder.....		16 oz	5.99	
___ Cashew Kernels Whole Raw.....		16 oz	15.29	
___ Cashew Pieces Raw.....		16 oz	11.99	
___ Flax Seed Brown Organic.....		16 oz	4.19	
___ Flax Seed Golden Organic.....		16 oz	4.99	
___ Nutritional Yeast.....		8 oz	7.69	
___ Nutritional Yeast.....		16 oz	14.49	
___ Pa's Pickle Chips.....		16 oz	3.79	
___ Pa's Pickle Relish.....		16 oz	3.99	
___ Pecan Meal.....		16 oz	8.19	
___ Vital Wheat Gluten.....		16 oz	5.99	
___ Vital Wheat Gluten.....		32 oz	10.99	
___ Wowbutter Creamy.....		17 oz	5.39	
___ Wowbutter Crunchy.....		17 oz	5.39	

## Milk Substitutes

	Single	Case
___ Better Than Milk Original 25.9 oz V.....	16.29	
___ Better Than Milk Vanilla 22.4 oz V.....	16.29	

## Coffee Substitutes

	Single	Case
___ Cafix Jar 3.5 oz.....	6.09	
___ Cafix Tin 7.05oz.....	10.09	
___ Cafix Crystals 7 oz.....	10.09	
___ Pero Tin 7 oz.....	8.69	
___ Postum 8 oz.....	13.99	
___ Roma 7 oz NG.....	10.29	54.25

## Other Health Items

___ Charcoal Activated Tablets.....	365 ct	24.99
___ Charcoal Activated Tablets Blister Pack.....	60 ct	9.99
___ Charcoal Activated Vegicaps.....	125 ct	15.99
___ Charcoal Powder.....	10 oz	14.99

Refrigerated items  
available  
Call for info

V - Vegan

GF - Gluten Free

NG -Non-GMO

ALL PRICES SUBJECT TO CHANGE.