



### **Ocean Fillets**

1 cup Worthington Vegetable Skallops, shredded or ground  
1 cup Worthington Diced Chik, drained and shredded  
¼ cup onion, finely chopped  
1 tablespoon or more cracker meal  
1 teaspoon lemon juice  
1 tablespoon mayonnaise  
1 teaspoon Mckay's Chicken Style Seasoning  
2 eggs

#### Coating Mix:

½ cup flour  
½ cup cracker meal

Put Vegetable Skallops and Diced Chik in grinder or shred in food processor. Mix all ingredients together well.

Add cracker meal until desired consistency is reached.

Form into patties and dip both sides in the coating mixture.

Brown in skillet with oil or vegetable spray.

Serve with tartar sauce or lemon juice.

*Submitted by Julienne B. of Minnesota*