



FriChik Sandwich Spread

1 can FriChik, drained
4 ounces cream cheese, softened
1 stalk celery, finely chopped
½ cup salad dressing (Miracle Whip or Vegenaise)

Directions: Mash the FriChik with a fork or chop in food processor until fine. Add chopped celery, cream cheese, and salad dressing. Mix well. Serve on buns, bread, or crackers.

Submitted by S.S. of North Carolina