



Italian Sausage and Rice

1 can Saucettes or Mini-Links
1 jar (16 ounce) spaghetti sauce
½ cup Italian salad dressing
1 medium onion, chopped
1 bell pepper, any color, chopped
Cooked brown basmati rice

Directions: Slice Saucettes into ¼ inch circles. Sauté onions and peppers in large skillet with oil or water. Add sliced Saucettes and heat for a few minutes. Mix spaghetti and Italian salad dressing together and add to pan. Heat through and serve over brown rice or pasta.

Submitted by Valerie L. of Iowa