



Inside Out Stuffed Pepper Casserole*

- 1 can Worthington Vegetarian Burger
- ½ cup chopped onion
- 1 can (16oz) stewed tomatoes
- 1 large green pepper, chopped
- 1 cup uncooked long grain rice
- 1 teaspoon Worcestershire Sauce
- ½ teaspoon salt
- ¼ teaspoon pepper
- 1 cup shredded cheddar cheese (optional)

Mix all ingredients together (except cheese) and put in a casserole dish. Cover and bake for 1 hour at 350 degrees or until rice is tender. Uncover, sprinkle with cheese, and put bake in oven until cheese melts.

Submitted by Janie H. of North Carolina