

Greek Roasted Veggie Medley

1 head cauliflower

16 ounces cremini mushrooms

2 cups grape tomatoes

12 cloves garlic

2 tablespoons olive oil

1 tablespoon The Vegetarian Express Greek Isle Seasoning

1 teaspoon <u>Nutritional Yeast Flakes</u>

Salt and pepper to taste

12 Kalamata olives, pitted and halved

1 tablespoon fresh parsley

Directions: Preheat oven to 400 F degrees. Cut cauliflower into equalsized small florets. In a large bowl add the vegetables and mushrooms. Drizzle with olive oil, then sprinkle on the seasoning, tossing to coat evenly. Place the mixture in a single layer on a baking sheet lined with parchment paper. Roast for 20-30 minutes, stirring once. Serve garnished with fresh chopped parsley and Kalamata olives.

Great served with Loma Linda Prime Stakes or Swiss Stake

Note: For extra spice add The Vegetarian Express Roasted Garlic Red Pepper Zip

Adapted from recipe at www.jocooks.com