

Veja-Links Veggie Tots

- 1 can Veja-Links, drained
- 2 cups cauliflower florets
- 1 cup broccoli florets
- 2 cups panko bread crumbs
- 2 tablespoons Vegetarian Express <u>Lemony Dill Zest</u>
- 2 eggs, beaten
- 1 cup shredded cheddar cheese

Dipping Sauce:

- 1/2 cup mayonnaise
- 1 tablespoon Vegetarian Express Lemony Dill Zest
- 1 tablespoons chives, chopped
- 2 tablespoon water
- Directions:

Preheat oven to 400. Line a cookie sheet with parchment paper. Mash the Veja-Links with fork or pulse in food processor until small pieces. Boil the cauliflower and broccoli until soft, then chop into small pieces or pulse in food processor until the size of rice. Mix all ingredients together in a large bowl. Scoop a tablespoon of mixture and pressing together, form into a small log about one inch long. Place on baking sheet and bake for 15 minutes. Turn them over and bake an additional 15 minutes until browned and crispy.

Mix the dipping sauce ingredients together and serve with the tots.

Submitted by Rachel H. of North Carolina