

Frito Taco Casserole

1 small can <u>FriChik</u> , coarsely chopped	1 (16 oz) can refried beans
1 (4oz) can mild green chilies, diced	2 cups cooked rice
2 cups cheddar cheese, grated, or Mexican cheese blend	
1 cup salsa	
2 cups Fritos (or corn chips of your choice) divided	1/4 cup water
1 medium yellow onion, chopped	1 (1.25 oz) package taco seasoning

Directions: Preheat oven to 350 degrees Fahrenheit

In a large skillet, sauté onions in a small amount of olive oil, until softened and translucent.

Add chopped FriChik and brown for a couple of minutes. Add taco seasoning, salsa, chilies, and water.

Simmer for 5 minutes over low heat. Remove from heat and stir in rice, cheddar cheese, and refried beans, and transfer mixture to a 9 x 13-inch baking dish. Top with 1 cup Fritos and bake for 30 minutes, or until cheese is melted and dish is warmed through.

Remove from oven, top with remaining Fritos and serve hot.

Serves 6-8.

Submitted by Marcy N. of Arizona