



January 2026

# Adventist BookCenter.com

## Begin Anew:

### Carrying Lessons Forward Into a Brighter 2026

**Big  
Sale**

See page 4 for  
details.



Better eating in the new year starts here



**Earthy Canvas Cookbook**

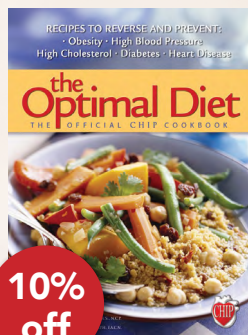
Fay Kazzi, PhD

ON SALE JAN. 4-9

US **\$22.49**

(reg. \$29.99)

In *The Earthy Canvas Vegan Cookbook*, Dr. Kazzi blends science, art, and Middle Eastern heritage to create nutrient-rich, beautifully photographed vegan recipes, making clean, whole-food cooking delicious, vibrant, and effortlessly shareable.



**The Optimal Diet**

Darlene Blaney, MS,

Hans Diehl, DrHSc

ON SALE JAN. 4-9

US **\$17.99**

(reg. \$24.99)

The official CHIP cookbook includes tasty recipes to reverse and prevent obesity, high blood pressure, high cholesterol, diabetes, and heart disease.



# From Resolutions to Results

## Keeping resolutions to improve your health

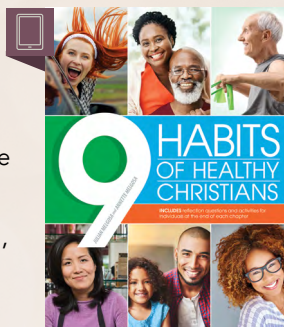


### Secrets to Wellness

Ernestine Finley

US **\$14.99**

Books about health are rolling off the presses by the millions. They regularly achieve best-seller status. So why another book on health, and, specifically, why this book? Because it only takes eight simple steps to improve your life.

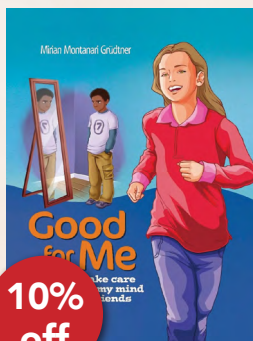


### 9 Habits of Healthy Christians

Annette Melgosa, Julian Melgosa

US **\$14.99**

Discover nine life-changing habits that build resilience, joy, and authentic faith. *Nine Habits of Healthy Christians* blends practical tools and biblical insight to help you grow closer to Jesus and transform daily life.



### Good for Me

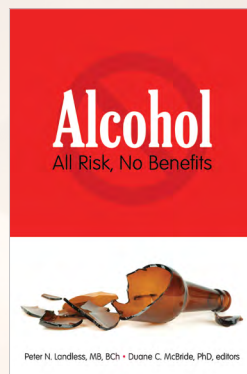
Mirian Montanari Grüdner

ON SALE JAN. 21–23

US **\$18.89**

(reg. \$20.99)

*Good for Me* illustrates how the harmony of the three important dimensions in children's lives—body, mind, and relationships—bring ultimate health and happiness.



### Alcohol

Peter N. Landless, MB  
Duane McBride, PhD

US **\$16.99**

Discover a clear, faith-based guide to alcohol's physical, mental, and spiritual risks. This book cuts through confusion, offering insight, healing, and hope for anyone seeking truth and freedom.

## Find peace, Grow Joy:

### Books on Emotional Health



### Enough

Tamyra Horst

ON SALE JAN. 25–30

US **\$11.99**

(reg. \$15.99)

Struggling with feelings of inadequacy? Tamyra Horst reveals that God is enough. This inspiring guide helps women embrace their worth, find peace, joy, and purpose, and live fully in His grace.



### Stormy Seas


Wendy Armfield

ON SALE JAN. 25–30

US **\$8.99**

(reg. \$9.99)

Life's storms can overwhelm, but *Stormy Seas* helps you find peace, release anger and hurt, and trust God's presence, guiding emotional healing, resilience, and hope through life's unexpected trials.

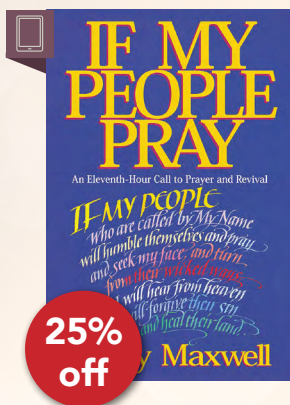
 eBook also available

10%  
off



# Make Prayer More Meaningful:

## Real Talk With the Divine



**If My People Pray**  
Randy Maxwell

ON SALE JAN. 11–16

US **\$13.49**

(reg. \$17.99)

Randy Maxwell's *If My People Pray*, a book infused with a passion for prayer as God's chosen method for establishing His kingdom through us and supplying our greatest needs, will challenge you to respond to God's eleventh-hour call to pray as never before.



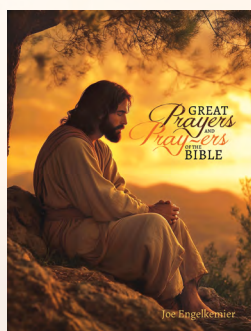
**Why Pray?**  
Mike Tucker

ON SALE JAN. 11–16

US **\$15.29**

(reg. \$16.99)

In *Why Pray?*, Pastor Mike Tucker explores Bible prayers, worship, and God's character, revealing miraculous answers, disappointments, and unexpected blessings, showing how prayer deepens faith, connects us to God, and transforms lives.

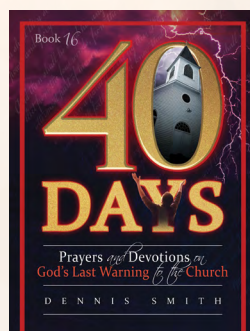


**Great Prayers & Prayers of the Bible**

Joe Engelkemier

US **\$15.99**

Learn what it means to walk with God—on our knees—through the examples of Job, Moses, Hannah, Elijah, Hezekiah, Jesus, and others. Engelkemier helps us discover how to pray prayers of despair, supplication, triumph, reformation, and submission.



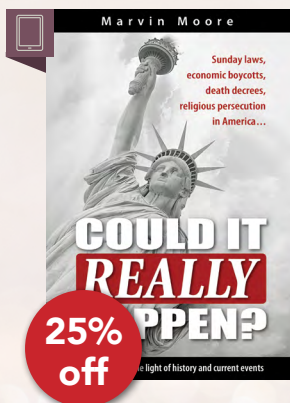
**40 Days: Prayers and Devotions on God's Last Warning to the Church**

Dennis Smith

US **\$19.99**

A 40-day journey to pause, listen, and return to Christ where Scripture, prayer, and reflection transform rebuke into a gentle call to healing, clarity, and renewed joy.

## Earth's Final Events Unfold



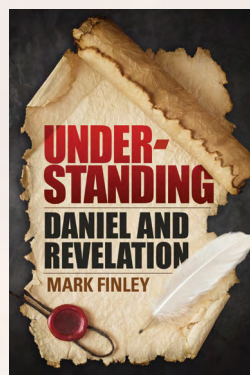
**Could It Really Happen?**  
Marvin Moore

ON SALE JAN. 18–20

US **\$16.49**

(reg. \$21.99)

Since the church's founding, we've believed God calls us to warn the world. What if our prophecy is wrong or right? Then the responsibility to share it becomes urgent and vital.



**Understanding Daniel and Revelation**

Mark Finley

US **\$29.99** hardback

US **\$8.99** paperback

The prophecies of Daniel and Revelation hold answers for honest-hearted people seeking to understand the uncertainties of our time. Although the world may seem out of control, prophecy reveals a God who is still in control.

eBook also available

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**2** 1-800-765-6955

**3** AdventistBookCenter.com

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AdventistBookCenter.com

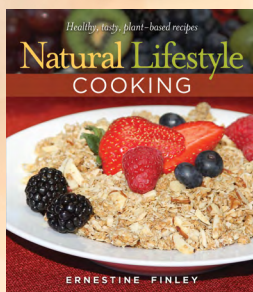


# Big Sale

## January Sales

Stop by frequently to explore our sale events!

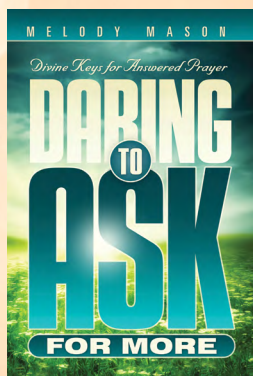
Discover extra savings on select titles in these categories



**Jan 4–9**

**Cookbooks**

Better eating in the new year starts here



**Jan 11–16**

**Prayer books**

Make prayer more meaningful



**Jan 18–20**

**End Time**

Earth's final events unfold



**Jan 21–23**

**Health**

Keep those resolutions to improve your health



**Jan 25–30**

**Emotional Health**

Find peace. Grow Joy.



Find these books and more on sale at [AdventistBookCenter.com/Sale](https://AdventistBookCenter.com/Sale)



## A Closing Thought

The year resets—but His love never does. Start 2026 with pages that renew your faith.



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